

# The Eye Opener



District 6270, Club # 28193

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February 26, 2010

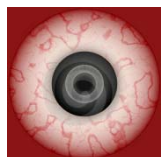
## LAST WEEK:



**Oshkosh Morning Rotary Club, where the coffee pot is always on, and there is time to talk!**

## LAST WEEK:

**Guest:** Tom Goddard, Southwest Club



**Program:** Dr. Ames came and spoke on You and Your Eyes, the Myths and Truths. The talk was informative and very entertaining.

Some of the things we learned were that Vitamin A is good as well as anti-oxidants.

Found out everyone develops cataracts, they just get worse over time. New lens replacements can have your prescription in them, thus improving your vision after surgery. Oh yes, lots of fish oil as well.

## Rotary News:

Steve snagged a great **Brat Fry Weekend** for the Club. July 17<sup>th</sup> & 18<sup>th</sup> at Festival Foods. Great job Steve, now we need to schedule time to work the brats!

Southwest Rotary is again sponsoring **Wine Fest on April 17<sup>th</sup>**. Please think about attending.

Our Club authorized donating **\$100 to the RYLA** to sponsor a student to the convention.



## Conquer the Concrete Update:

We are doing demonstration of Wiffle Ball at the Oshkosh Boys & Girls Club on March 12 & April 9. Talk to Andy to volunteer either of the two dates. See side bar.

We need sponsors. We will talk about this at each meeting.

## THIS WEEK:

David Green and China's Senior Care.

David Green retired in 2005 after 29 years as CEO of Evergreen Retirement Community. In recent years, David participated in many presentations about resident-centered long-term care environmental design at national and international conferences.

As a result, he has been asked to provide consulting services in Nova Scotia and China as well as the US. Beginning in 2009, he was asked to be Director of Conceptual Planning and Development for China Senior Care which is developing long-term care facilities. Through his investment of time, knowledge and experience, he has been made an equity owner of this unique project.

## SPEAKERS / PROGRAMS

March 5, 2010  
Dan Philo, Maudado  
- the Way to the Inner Self

March 12, 2010  
Chris Strong,  
Transportation for the City of Oshkosh

**3 p.m. to 5 p.m.**  
**Wiffle Ball at Girls & Boys Club**

March 19, 2010  
Rob Way, County Parks and Trails

March 26, 2010  
Stewart Reickman,  
Oshkosh Northwestern,  
Newspapers Today

April 2, 2010  
Alexis Graff, Music Therapy - Feel the Healing Beat

April 9, 2010  
Club Assembly,  
Conquer the Concrete

**3 p.m. to 5 p.m.**  
**Wiffle Ball at Girls & Boys Club**

April 16, 2010  
Tom Shepeck,  
Rotary Exchange Program